

# AHCCCS South Independent Oversight Committee (IOC) Public Meeting Minutes Tuesday, March 28, 2023 – 10:30am to 11:30am

### Call to Order

Meeting called to order by Committee Vice Chair, Barbara Carling. The date is March 28, 2023 at 10:30am. The meeting was held virtually through Google Meets with no physical address.

## **Welcome and Introductions**

Attendance in Person: None This meeting was virtual due to Public Health Emergency. Attendance by Google Meets unless otherwise noted:

#### Committee Members

- Barbara Carling (Co-Vice Chair)
- Susan Hyder (Co-Vice Chair)
- Jason Winsky
- Joanna Keyl

#### **Absent Committee Members:**

- Ken Karrels (Chair)
- Phyllis Grant
- Tyson Gillespie

AHCCCS: Fredreaka Graham

Arizona Department of Administration (ADOA): Lawrence Allen

DDD: Michelle Rademacher

Banner Health: JoAnne Kautzman

United Healthcare: Dawn McReynolds UHC OIFA

AZ Complete Health: Karin Uhlich AzCH



# IOC: AHCCCS South Meeting (2023-03-28 10:40 GMT-7) - Transcript

#### **Attendees**

+1 520-\*\*\*-\*\*18 (Susan Hyder), Barbara C, Dawn McReynolds UHC OIFA, Fredreaka Graham, Jason Winsky, Joanna Keyl, JoAnne Kautzman, Karin Uhlich AzCH, Lawrence Allen, Michelle Rademacher, +1 520-\*\*\*-\*\*18 (Karin Uhlich)

#### **Transcript**

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Barbara C: Chickens in the background today. Anyway, good morning everybody. It's been a long time, excited that we're getting our year started. And by the way, did I see? Yes, good morning, Joe. I just saw that you joined. Thank you. Um, So hello everybody. We're all here. Thank you for that forum and I'm going to just a quick little. Let's go around and mention our name and say hello. And you've got anything you'd like to say Barbara here and I'm gonna pass it right. I think I'll start with Fredreaka.

Fredreaka Graham: Hi everyone. This is Fredreaka. Graham with AHCCCS.

Lawrence Allen: Good morning, Larry Allen with ADOA.

+1 520-\*\*\*-\*\*18: Good morning. Susan Hyder, community advocate family member and vice chair.

**Michelle Rademacher:** Hello, my name is Michelle Rademacher. I'm with DDD. I'm the liaison for the Independent Oversight Committee. We have two liaisons here, I covered District West, District, North, and District South.

Barbara C: Thanks, Michelle.

Barbara C: Karin.

**+1 520-\*\*\*-\*\*18:** Good morning. Karin Uhlich.

Barbara C: Thanks Karin. Is that on behalf of Melissa Will Melissa Brown be here?

Barbara C: Oh okay. Thank you. and then, Dawn.

Barbara C: See, Dawn McReynolds.

Barbara C: Dawn, are you still with us?

Barbara C: Okay, well, Good morning, Dawn. Dawn's with United, I think that's United Health also.



JoAnne Kautzman: Hello everyone. This is Jo Kautzman, I'm with Banner health plan.

**Barbara C:** Okay, thanks. Thanks Jo. Sorry about that. Thanks, thank you for that, okay. let's see, I'm going to actually Start today with Larry. I'm gonna have both Larry and Fredreaka's start with the updates. I mean, it's good inspiration, it's been months and so I'll start with lyrics before I do that. Forgive me, did I miss anyone? And that's with us today and I miss anyone?

**Barbara C:** No. Okay, good. Well, very so uh, if you could give us any updates or, you know, since we last met which was December What have you got for us?

**Lawrence Allen:** Good morning. A couple things. mostly dealing with conflict of interest and how that involves your meetings and And just overall admin paperwork, as we move forward.

Lawrence Allen: So at the beginning of a meeting starting out, now Barbara we need to ask the committee, do we have anyone that has that needs to disclose a conflict of interest? And if there is, then the committee member needs to disclose why? So that's first and foremost, when we need to kick off our meetings, that statement needs to be read at the start of the meeting. Second, the forms that Fredreaka sent out last week. Regarding the disclosure of conflict, I need everyone to sign and send it back to me. And the other is a form that is going to be circulated throughout.

#### 00:05:00

Lawrence Allen: This is sent to committee members along with the agenda before the meeting. So, if there is a conflict. Then the committee member needs to fill that form out to inform ADOA. AHCCCS and the chair that there is a conflict and why there's a conflict. Then they have to publicly disclose it before the meeting. If you remember, we had An auditor sit in on a few of our meetings and it was discovered that we were not doing that. I think we were verbally doing some of the stuff that we weren't creating a paper trail and being more transparent to the general public. So you know, having these meetings and in the public eye we need to be more transparent. Now granted, Very rarely, you're gonna have a conflict in these committees, but when it happens we just need to be careful as we move forward. I would be happy to circulate the form again, the disclosure statement back out to the IOC committee members again, to make sure that they have that form. And I need that back to me by the end of April.

**Lawrence Allen:** Are there any questions on that from any of the committee or Barbara that I could answer?

Barbara C: I printed it all off, if I had fit in here looking at it. Okay, so you started with the first form I thought, Okay? I think I got that second and third, by the time you come to the third, I forgot what I was doing. Maybe I'm not going to the sky, but I'm going, wait a minute. Wait a minute, which one is which? Again, which ones do you need? I'm already confused. Forgive me and Larry, I did recirculate it to the entire committee. I think,...

Lawrence Allen: Okay.



**Barbara C:** Maybe one. Did you get that in your email? It's the email from Fredreaka and it's got all of these forms attached which I downloaded like I say printed. And that's why I'm glad you're bringing this up because I'm scratching my head. What do you want today? Which one?

**Lawrence Allen:** Yeah, so yeah, so the disclosure file that's labeled IOC disclosure statement, that's for the one I need sent back. The other file is just more of a slot FYI, the other file you will see when it is circulated throughout the committee before your meetings to see if there's a conflict of interest.

Barbara C: Or just just a meeting or every meeting or what are we doing here?

**Lawrence Allen:** Every meeting.

**Barbara C:** So when was that one? That is every meeting, one with the two boxes. It's this new committee member X This.

**Lawrence Allen:** No, that's the one you need to sign and that's just a one-time only file to fill out the sign and get back to me. That's just a one-time only.

Barbara C: Other one.

Lawrence Allen: The other file is just, if there is a conflict, that's it. So you may not never have to fill it...

Barbara C: Confidential.

Lawrence Allen: Only, if there's a conflict. so,

**Barbara C:** And could you describe? I'm not even confused, but you mean conflict of I'm not sure. I see that there's some ARS, you know, I can go read a whole bunch of stuff about it. Can you give us kind of a nutshell? What? The conflict might be.

**Lawrence Allen:** Yeah. Okay, so a conflict arises when a person or a committee member chooses personal gain over duties of the committee. Um, or an organization in which they are stakeholders and they exploit that for personal gain in some way.

**Barbara C:** Does anybody and anyone have an issue with this? You know, maybe an example, the people, anyone.

**Lawrence Allen:** So yeah. Generally you're going to see this in more of a business setting board of directors that sort of thing where there's contracts involved and the committee members trying to steer the committee to use a certain vendor or contractor. And they have I



#### 00:10:00

Lawrence Allen: guess a personal interest with that contractor, maybe they own a piece of that or part owner or they have a family member that owns that or a friend and they're trying to sway that contract over to them for use. So to do the job. So there's that and that's kind of what you're looking at now. And in this sort of setting, there are some small things here and there, but for the most part, you're really not going to have any kind of conflict. Now, the committee member if there should be one that arises in the committee, the member will certainly know that there's a conflict.

**Barbara C:** Okay. Okay. Does anybody? I think I'm okay With that. It sounds like something that will never happen in my life but does anyone? But anyone else please.

**Barbara C:** You know, our guests and our community members. Anyone have any comments about that? Any, any thoughts on that question?

Barbara C: It's not. Okay, no.

Lawrence Allen: And then I guess my other update is, I'm working on trying to set up an open meeting law training. Which will be opened up. I'll open that up to any and all participants. So I'm making an effort for that now and I hope to have that done here in the next 30 days as well. And then I will let the group know. So there could be additional training for you if needed if you would like to sit in on the training. So as soon as I get that schedule, I will let you know.

Barbara C: Okay. Alrighty then

Barbara C: Well.

**Lawrence Allen:** Yeah, please let me know if you're not comfortable, asking the question or send Fredreaka. And I and an email, and we'd be happy to help you out. So we're here to help.

Lawrence Allen: We're not, we're not trying to make things difficult on you.

**Barbara C:** Okay, so just basically, we need this one form. There's at the top name and agency and committee.

Lawrence Allen: Yep, that's it.

Barbara C: What agency would be affiliated with? just, Okay,...

Lawrence Allen: You would be AHCCCS.

Barbara C: Put AHCCCS in the agency spot and of course, you know,...

Lawrence Allen: Yes.

**Barbara C:** Our committee and then it's In. Okay, it's pretty straightforward. Alright? And I know it's autofill. You can fill it out online. Okay. Got it. I just created it, so it's easier for reference purposes. Okay.



**Lawrence Allen:** Okay. That's fantastic. Thank you Barb, for your help, and please let me know if there's anything else you need on that.

**Barbara C:** Thanks again, anyone I'm gonna start putting my phone number out there. More in case you want to call me and ask questions to So Fredreaka. Did you have any updates or any news or anything you'd like to share with us?

Fredreaka Graham: Um, no, just along the lines of what Larry just shared.

Fredreaka Graham: Make sure that each meeting we're sending that statement out. I can get that to you, I don't know if I sent that in the original email, but it's just something that when you're starting your meetings, you'll need to just give that statement. At the beginning, if there are any conflicts, each member of the committee will need to tell what that is, if there is one. So that's just something that we're gonna have to start doing and common practice. When we start off the meetings, there are a little bit more details to that, but that will come at the open meeting law training in regards to voting and that sort of thing. So we'll share all that detail as it comes to us and as that training is to be taken care of, I also want to just say that this part of the information that we're sending is going to be specific.

Fredreaka Graham: To the committee members so guests and like, you know, our liaisons from the health plans, they won't need to do any of that. So it will be strictly for the The committee members and like Larry stated. We did have the Inspector General's office sitting in on a few of our meetings and that information was given back to us. So we had to make sure that we were in compliance with doing that. So again if you guys have questions or need further detail, please reach out to myself and Larry and we'll make sure to get that taken care of.

Barbara C: Thank you Fredreaka.

00:15:00

**Barbara C:** Okay, I practice. Oh I'm going to have you send me that please Fredreaka. So I'll get the verbiage correct and...

Fredreaka Graham: Absolutely.

Barbara C: I'll just Start meetings. I'll put a note, note to self. With. Okay, well,

Fredreaka Graham: Absolutely. Thank you.

**Barbara C:** Jason. Wonderful Jason. Please step forward. We have our static. You're here wanting to hear from you and also a few questions for you. So I'm gonna mute, let you have the floor.

**Jason Winsky:** Yeah, just a couple updates for me, our next, um, CIT training is going to be in June and I will send out the date to the committee. If anyone ever wants to stop by and see our crisis intervention training, kind of just hang out. Seeing some of the classes anyone's on the call is more than welcome. I have two team members participating in the Coyote Task Force Mental Health, First Aid project, which is



delivering mental health. First aid Out in the community, the awesome people at Coyote, got a, I think, a federal grant or maybe state grant, I'm not sure. They got a grant to certify people to teach mental health, first aid. So I'm gonna have a couple of team members getting certified and going out into the community teaching, mental health, and first aid. So, if anyone in their daily travels has a need

**Jason Winsky:** You know, for mental health, first aid anywhere, you know at a business or organization religious group anything, and we'd be happy to come out and do mental health first aid? and one year, 10 months. And 29 days later. The federal government released our money for our co-responder program. So a little bit later this year, we are going to be adding three. CO responders to the mental health support team at TPD one, two peers and one with a clinical background and that is my update.

Barbara C: That is wonderful because oh my goodness, you see, get a social worker, maybe.

**Jason Winsky:** Yep. And then and then they'll be like a clinical supervisor that will go out in the community as well and then that person will be supervising peer navigators as well.

Barbara C: But I am really, really fond of peers. Members that are involved in. I just love them. They're just so so good. So to have one secret. Well, it's a start Jason. It's a start. Speaking of which, as we all I am more than aware of. Especially since covid is a lot of reasons, mental health situations are just out of hand everywhere. I'm even Struggling with it, just listening to the news. But anyway, I'm just wondering Jason, have you seen an uptick in, in those calls, but the mental health calls

**Jason Winsky:** Yeah. I mean I think what I would say to that is just I mean I think anyone Even just anecdotally driving around our community. Knows can see it right? Can you see the people but clearly need help. There is definitely an uptick in homelessness issues. There's an uptick in issues related to fentanyl.

**Jason Winsky:** We continue to take a very high number of people to the CRC. The CRC is full almost every day. Their site is full. Almost every day and CBI. I hear it is pretty full almost every day. So I, you know, I think the leadership at the city and the county, I know they're working together to identify some additional spaces.

**Jason Winsky:** You know, I can't say too much but I think leadership at the city and county are aware That there's an uptick and I think there's some pretty active conversation happening around.

**Jason Winsky:** What are we going to do to meet that need? And where do we need more capacity? But there I mean just if you drive around town you know there's an uptick

**Barbara C:** Absolutely, absolutely true. And, by the way, back to that, wonderful first aid, first aid, ability. Is there? Are there? What are the numbers posted for that are those, are they putting that information? So people know who, what to call, you know, for that mental health, first aid



**Jason Winsky:** Yeah, so the Coyote task force will be visiting the house for that. I mean it's their project. It's their grant in the next couple of months, I think we're all going to get certified to teach it. And so probably in the next month or two I would assume they would be announcing On. you know, go to this website or call this number, if you need us to come to a mental health first date,

#### 00:20:00

**Barbara C:** Okay, I guess that would be. My question is, if I wanted to call that number right now. I mean, where would I even find the number?

Jason Winsky: And you know what, let me put a link to their website.

Barbara C: so there is a website currently,

**Jason Winsky:** Oh yeah. Okay already test versus like I mean they're like an existing organization but I I don't think they're ready yet to accept requests for the class because we haven't been certified yet. But I think I would assume that would be where the information will be.

Barbara C: Okay, okay.

Barbara C: um,

Joanna Keyl: Yeah, I can, I can talk a little bit about that. This is Joanna with the Coyote Task force and...

Joanna Keyl: Yes, Jason's. Absolutely. Right, we got a SAMHSA grant. So a federal grant from the Substance Abuse and Mental Health Services Administration. To train trainers. Basically is the model. Who can then provide training? Additional training for employees for community members. And we did one general training for the QPR suicide prevention. Training. And we're working on getting additional ones scheduled. And I see that Jason put a link to our website in the chat.

**Joanna Keyl:** And we do also have. A new page on there, pretty Barebones so far. but, I just added it to the chat and that is where we'll put more training on the calendar there. And I can provide more specific information to the community. And to the committee as we get more on the schedule.

**Barbara C:** That sounds wonderful. Thanks. Joanna, the more resources the better I'm telling you with everything I'm picking up on. And yeah, thank you. Thank you very much. But it's Okay. Wow, thank you Jason. Oh my gosh, it's so good to hear your voice. And I'm so glad you're safe. Always we

Jason Winsky: Thank you, glad to be here.

**Barbara C:** Got you so much. Think good thoughts. So. Okay, I'm gonna just gonna skim through some of these, the member recruitment outreach. I don't know if anyone has anything to throw in about that. I do not. I haven't been in touch with anyone. Does anyone else have anything on member recruitment or outreach?

Joanna Keyl: I do not.



**Barbara C:** Okay, thank you. Thank you. All right, then we'll go on to the IED reports. In fact, we might even, I don't know. Joanna, have you had any chance to work on the ID reports?

**Joanna Keyl:** I've had some chances. I finished the geometry ports for January. I'm working on it. Going back and finishing the ones for December. I'm about halfway through the ones for last month.

Joanna Keyl: So, making some progress.

**Barbara C:** You think thank you and I'll work with you. I'm working with Phyllis and we'll see if we can't jump in there and Susan to Susan's been under a lot of duress, but everybody's thank you so much Joanne. That's all I'm going to say. Thank you. And did you see anything noteworthy?

Joanna Keyl: No, no things are looking. Okay out there in the reports.

**Barbara C:** Okay. Okay, thank you. All right, and then boarding care again is on hold. Stop with the covid world. Okay? Enough with that. And then our special populations folks Phyllis and Tyson Park there training, or on missions today. So they're not here. And as far as administrative miscellaneous most of it was the paperwork and I think we've pretty much gone through that. So I'm going to move on to our providers for updates. And I'm going to actually just be quiet and let you all well let's see here. Let me start with Jo. Jo, have you got any reports for us?

#### 00:25:00

JoAnne Kautzman: Sure, hello everyone. I do not Banner has no reports at this time. Thank you Barbara.

**Barbara C:** You're welcome. I'm just asking you one question. What's going on? Anything, is it quiet? A moderate busy.

JoAnne Kautzman: I think everybody's busy, yes. I think everybody's staying pretty busy. Yes.

Barbara C: Thanks Jo, thank you very much and then I've got, let's move over to Michelle

Michelle Rademacher: Hello there. I do not have an update today.

Barbara C: Thanks, Michelle. And let's see Karin.

Barbara C: Karin. Karin, are you still with?

+1 520-\*\*\*-\*\*18: Yeah. Yeah, no updates from me at this time.

**Barbara C:** Thank you and that would leave us. You know, who was 18 Again? We decided that I can get the names to remember, I miss them.

Fredreaka Graham: It was both Karin and Susan. But I see only one now so I'm not sure...

Barbara C: So that's it.



Fredreaka Graham: Not sure Susan's still on.

**Barbara C:** Well okay we're gonna I guess we're just going to keep it nice and sweet today. And gosh everybody it's good to hear. Your voice is, it's good to hear that you're safe. And Jason, we're looking forward to that information about CIT training in June.

**Barbara C:** Joanna, I'll try to keep working with Phyllis to give you some help there on the reports. and I just hope everyone, unless you have more to say, stay healthy, well, and safe.

Barbara C: Let's see it on April 25th. Did I miss something here? Let's see here.

Barbara C: Jason and Joanne. Okay. Is the MHFA training in adult, or law, okay.

Fredreaka Graham: I can ask Barbara, I was just curious about the training that they were providing for mental health, first aid. If it was for adult mental health first aid, or law enforcement, mental health first aid. I was just curious.

Jason Winsky: No, it's just a regular adult.

Fredreaka Graham: Okay, thank you.

**Barbara C:** But good question. Thank you, Fred. How does that exactly work? I mean, when the people go through the training, is it for them to provide a service for it? Or is it just for their own personal knowledge or how does that work? Jason

Jason Winsky: so, briefly mental health, first aid is If you're looking at the continuum of mental health crisis intervention training mental health, first aid is kind of considered the 101 course. So it's an eight hour course. I believe we're going to be certified in the adult, but in the adult module and also I think, eventually the youth module and students of the class, basically just get hands-on. This is what depression looks like. This is what anxiety looks like and then some basic interventions that you can then do for the person who is in one of those related crises and you also get a textbook that comes with the course that you get to keep.

**Barbara C:** Okay. Okay, I have a better understanding. Okay, it'd just be worthwhile for all of us interested of course to yeah. Probably take that and get certified in that. Okay, thank you. All right, all right, any other questions or comments? Any other thoughts from anyone? No. Okay, well, I'm gonna say thank you again. I'm just tickled to hear all your voices. And again, April 25th we will meet back together.

**Barbara C:** Hopefully, we've gotten out a little more, more into the community and got some more things accomplished. That's my hope, that's my prayer. So All right, thank you Fredreaka. And Larry and Karin, and Joanna, and Susan, and Michelle and Jason. Oh my goodness and Dawn. So I want to thank all of you and I'll see you in April. Okay.

Fredreaka Graham: Thanks Barbara.

Joanna Keyl: Thank you, Barbara.



Lawrence Allen: Thank you Barbara.

Michelle Rademacher: Thank you.

Lawrence Allen: You all have a wonderful day.

Meeting ended after 00:30:08 👏

